

HOSPITAL BAG CHECKLIST

<input type="checkbox"/> <u>A holdall or mini suitcase</u>	<input type="checkbox"/> <u>Toothpaste</u>
<input type="checkbox"/> <u>Loose fitting button up shirts</u>	<input type="checkbox"/> <u>Lip balm</u>
<input type="checkbox"/> <u>Leggings/stretchy trousers</u>	<input type="checkbox"/> <u>Hairbrush with long handle</u>
<input type="checkbox"/> <u>Button up Pyjamas</u>	<input type="checkbox"/> <u>Charger with long lead</u>
<input type="checkbox"/> <u>Comfy underwear</u>	<input type="checkbox"/> <u>Headphones/Airpods</u>
<input type="checkbox"/> <u>Surgical Bras - 2 sizes</u>	<input type="checkbox"/> <u>Favourite snacks</u>
<input type="checkbox"/> <u>Period Knickers (if needed)</u>	<input type="checkbox"/> <u>Slip on shoes</u>
<input type="checkbox"/> <u>Slippers</u>	<input type="checkbox"/> <u>Seatbelt protector</u>
<input type="checkbox"/> <u>Dressing gown</u>	<input type="checkbox"/> <u>Blanket for car</u>
<input type="checkbox"/> <u>Soft headband</u>	<input type="checkbox"/> <u>Crystals or Good Luck charms</u>
<input type="checkbox"/> <u>Drains belt</u>	<i>add your own below...</i>
<input type="checkbox"/> <u>V Pillow</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Neck pillow</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Mastectomy pillow</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Eye mask</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Water bottle with straw</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Electrolytes Sachets</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Body wipes</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Face wash & moisturiser</u>	<input type="checkbox"/> _____
<input type="checkbox"/> <u>Electric Toothbrush</u>	<input type="checkbox"/> _____

